

BOYNE VALLEY FLAVOURS GUIDE



WELCOME TO THE BOYNE VALLEY FLAVOURS GUIDE

Boyne Valley Flavours is a network of local food and drink producers, food experiences and food service providers from across Louth and Meath who are passionate about telling our local food provenance story. This new brochure provides you with information to help you plan your gastronomic adventure in the Boyne Valley, including details on our food experiences and our award-winning Boyne Valley Food Series.

Join us, to discover and immerse yourself in the traditions of the ancient Boyne Valley, in the heart of Ireland's Ancient East. We are known around the world for being home to iconic sites such as Newgrange and the Hill of Tara; but what you might not know is that we are also home to many passionate farmers, food and drink producers, chefs, eateries and accommodation providers whose passion is to bring the unique flavours of our landscape to your table.

Visit a leading food tourism destination, where you will discover so many delicious adventures waiting to be explored. While in the Boyne Valley, why not visit one of our many food experiences from distillery tours, bee-keeping, nature trails, local markets, cookery schools and so much more. There is something for everyone to enjoy! When planning your visit to the Boyne Valley make sure to check out our website for information on the many wonderful restaurants, cafés and accommodation providers in our region who are passionate about supporting and promoting our local producers.

For more information visit www.boynevalleyflavours.ie



2024 FOOD SERIES



The commencement of the Boyne Valley Food Series in 2013 signalled a new milestone in the delivery of culinary food experiences to locals and visitors alike. Our award-winning Food Series is a collaboration of local chefs, artisan producers and food enthusiasts who work together to create a calendar of unique, one-off, producer-led events which celebrate our land, our heritage, our people and of course, our produce!

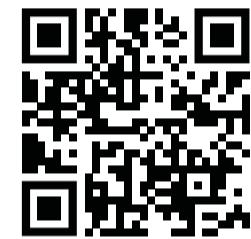
Each year the Boyne Food Series brings the most exceptional choice of foodie experiences that will immerse you in the food & drink culture of the Boyne Valley. From farm tours to long table suppers, culinary cruises, food festivals, distillery tours, farmers markets and apple blossom walks, our Food Series has it all and there is something for all the family to enjoy! The Samhain Festival is one of the penultimate events in the BVFS Calendar which takes place in November and is a celebration of Irish food & culture.

The Boyne Valley region continues to be recognised as one of Ireland's leading food tourism destinations and as the birthplace of Ireland's Ancient East, and once the seat of the High Kings of Ireland, the Boyne Valley still brings royal food and drink experiences fit for any King or Queen.

Scan the QR code below or go to our website www.boynevalleyflavours.ie to find out the details of upcoming Boyne Valley Food Series events.

You can also follow us on social media:

[@boynevalleyflavours](https://www.instagram.com/boynevalleyflavours) [@boynevalleyflavours](https://www.facebook.com/boynevalleyflavours) [@boynevalleyflavours](https://www.x.com/boynevalleyflavours)



Visit BoyneValleyFlavours.ie

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PLAN YOUR GASTRONOMIC ADVENTURE

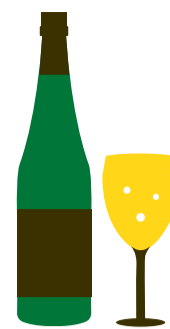
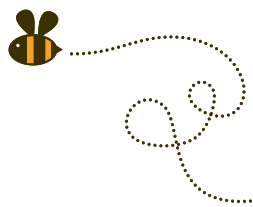
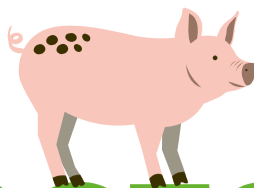
Discover all the wonderful flavours of the Boyne Valley by using our beautiful map as a guide to help plan your visit.



Find itineraries, along with great places to eat and stay on our website www.boynevalleyflavours.ie

DUBLIN

FOOD EXPERIENCES



Discover the flavours of the Boyne Valley through our many Food Experiences

Alright Pumpkin 1

The Alright Pumpkin patch has been growing pumpkins since 2013. They started after they saw their first field of pumpkins, while working on farms as a harvester in America. They thought they looked so cool and colourful in the fields and wanted to bring some of those bright colours back to Ireland. It also helped that the area they live in, Fordstown, Co. Meath has very close ties to the origins of Halloween!

CURRENTLY CLOSED UNTIL OCTOBER 2024

alrightpumpkin@gmail.com

Bee Wise Nature Trail 2

Bee Wise Garden Walk is a family owned 5-acre educational nature walk in the Boyne Valley, with particular emphasis on the honeybee. Learn about the flowers & plants that the bees work to produce their honey. Bee Wise is open all year round, with workshops, tours, seasonal events & open days available.

beewise.ie

Bread with Benefits 3

Join Bread with Benefits for a bread making workshop and learn how to make the easiest form of sourdough bread. Get your hands in the dough, find out what a starter is and how it works and mill some flour for your loaves. You will also make your own butter and pickles to have with your bread. While the bread is baking, you will have a seasonal plant-based lunch, finishing with some local cheeses.

breadwithbenefits.ie

Carlingford Oyster Experience *Coming Soon* 4

The unique sweet taste and high meat content of the Carlingford Oyster is one of nature's real treasures and the Carlingford Oyster Company wants to give you the opportunity to experience them.

carlingfordoystercompany.ie

Elmgrove Flower Farm 5

Visit Ireland's largest flower farm, specialising in millions of daffodils blooming from January to April. Peony, sunflower, and many other flowers are also grown throughout the year. A garden centre, free-range hens, donkeys, and play-area are also part of the mix. Visitors can browse the on-farm florist, gift shop, and relax with barista coffee, treats and Neapolitan pizza served on-site.

elmgroveflowerfarm.ie

Farm Tours Ireland 6

Join Farm Tours Ireland and discover the best of farming & food production in the Boyne Valley. The region was home to Ireland's first farmers over 5,000 years ago and continues to boast an abundance of farming excellence. Group tours & private tours. One day or multi-day tours available.

farmtoursireland.com

Killua Castle Grounds, Deerpark and Twelve Points Restaurant 7

A historic castle in the most romantic demesne in Ireland, with links to Sir Walter Raleigh and Lawrence of Arabia. Walk the grounds which are open to the public every Saturday. The Killua food truck will be there from 11am to 3pm in the summer months. Visit their Twelve Points restaurant, guided tours & lodgings are also available. See website for more details.

killuacastle.com

Lismullin Cookery School 8

Lismullin Cookery School welcomes all participants, from young children & teens, to adults, who enjoy cooking for fun or at a professional level. They provide a variety of classes, from hands-on courses to demonstrations and tasting. Their classes are small, giving participants space and individual attention.

meathcookeryschool.com

Listoke Distillery & Gin School 9

The first Gin School in Ireland, and a unique experience, where they both distill and teach how to make gin. Take a tour of the distillery, see the botanicals used in production and learn how to distill. Enjoy some local produce and take your own blend of gin home.

listokedistillery.ie

Martry Mill - Working Water Mill Tour 10

Martry Mill is one of the few working watermills in Ireland, with the earliest records dating back to 1641. Meet the maker James who will guide you through the milling process to make their stoneground wholemeal flour, the mill buildings, and its history.

martrymill.ie

Organic Farm Tour at Rock Farm Slane 11

Rock Farm Slane is an organic farm with glamping and self-catering houses, located on the Slane Castle estate. The guided farm tour offers a fascinating insight into the 90-acre organic farm, stretching for 1.5km along the banks of the River Boyne. Private tours and tastings are available. Bookings essential.

rockfarmslane.ie

Sea Louth Food Experience - Scenic Seafood Trail 12

A scenic seafood trail along Co. Louth's 70 km+ picturesque coastline. Your Sea Louth passport (download from the website or pick up at a local tourist office) will guide you to 14 scenic viewpoints along the trail and lists over 40 restaurants where you can enjoy the fresh local seafood along with information on the local seafood producers.

sealouth.ie

Sheridans Cheesemongers Market & Coffee Shop 13

Open 7 days a week, with Sheridans year-round farmers market every Saturday. Their shop carries the very best farmhouse cheeses and artisan foods from Ireland and Europe. Sheridan's café offers teas, coffees, cheese toasties and baked goods daily.

sheridanscheesemongers.com

Slane Castle 14

Visit magnificent Slane Castle, the iconic rock concert venue on 1,500 acres in the heart of the Boyne Valley. Enjoy guided castle tours, a walk in the grounds or on the concert-themed walking trail. Enjoy courtyard seating, the Silver Fox food truck, Browne's Bar and Slane Whiskey Distillery. Check social media for opening hours and details.

slanecastle.ie

Slane Distillery 15

Ireland has a rich history of crafting whiskey, so where better to discover or deepen your understanding of this past than at Slane Distillery on the historical grounds of Slane Castle? Here they bring this rich history to life through a working distillery, where you can witness whiskey making in action and savour the sounds, aromas, and flavours of this ancient process.

slaneirishwhiskey.com

Sonairte Visitor Eco Centre & Gardens 16

An interactive visitor centre promoting ecological awareness and sustainable living. Sonairte is certified as an organic food producer and they teach organic horticulture and provide courses in various aspects of environmental education. The seasonal produce harvested from the gardens is available in their eco shop and across the online platform Open Food Network.

Sonairte.ie

Swainstown Farm 17

Swainstown Farm and The Piggery Farm Shop are located in Kilmessan, Co Meath. A working family farm producing chemical-free vegetables, lamb, pork, eggs, and flowers.

swainstownfarm.com

Tara Walker Food 18

After 13 happy years of inviting people to cook with her at East Coast Cookery School, Tara has started to create online courses to connect and share the joy of food with people all over the world. Tara firmly believes that cooking from scratch will bring you joy, because not only will you have great tasting food that is healthier, you have also created a moment of mindfulness, while you chop, mix, sauté and simmer.

tarawalker.ie

The Bunnery Cookery School 19

The Bunnery Cookery School provides baking & cooking classes, both online, and in person, for all ages. Members club also available. Check the website for all upcoming classes.

thebunneryonline.com

The Cottage Market, Drogheda 20

Join The Cottage Market on the first Saturday of every month in Scotch Hall Shopping Centre. They are delighted to host over 40 local makers of homegrown, homemade, and handcrafted goods. With local produce & products from the Boyne Valley, there is something for all the family.

facebook.com/thecottagemarketdrogheda.ie

Viking VR Experience at The Glyde Inn 21

Annagassan was the capital of Ireland in Viking Times, and the virtual reality experience at The Glyde Inn takes you back there through the eyes of 'Bjorn the Bear'. Afterwards, enjoy a seafood banquet featuring the very best seasonal local seafood, such as Annagassan razor clams, whole Clogherhead langoustines, Carlingford mussels, Carlingford oysters and much more washed down with a taster of their own 'Viking Beer' all while sitting on their specially commissioned Viking boat table.

theglydeinn.ie

For more information visit www.boynevalleyflavours.ie or visit the individual websites.

