



ÓGRA

ÓGRA Skincare have developed a unique and quite amazing range of skincare products using 9000 year old peat from the bogs of Ireland as one of its ingredients. ÓGRA is the Irish word meaning youth. The peat contained in Irish bogs has amazing preserving properties which contribute to its ability to both combat aging and enhance health. Inspired by this, ÓGRA have created a skincare range that is second to none.



THE HANDMADE SOAP COMPANY.

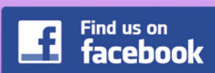
Made here in our very own town of Kells, we are proud to have the pleasure of using these delightful product's. Using only the finest natural ingredients, making new stuff the old fashioned way, The Handmade Soap Company are quickly becoming industry leaders, winning numerous awards for their 100% natural range of skincare products.

## Opening Hours

Monday to Wednesday 10am - 6pm  
Thursday & Friday 10am - 7pm  
Saturday 9am - 6pm  
Sunday by appointment only

## Stockists For

ÓGRA  
The Handmade Soap Company  
Mii Mineral Makeup  
Jessica Nails  
Billion Dollar Brows  
He-Shi Tan  
Cocoa Brown Tan  
Crazy Angel Tan



TO MAKE AN APPOINTMENT  
Tel: 046 924 8323

or

Email: [sparooms@headfortarms.ie](mailto:sparooms@headfortarms.ie)

*Gift Vouchers Available*



*The Spa Rooms*  
*Headfort Arms Hotel, Kells*

## BEAUTY TREATMENTS

### WAXING

Full Leg Wax (incl. bikini)	€40
Bikini Wax	€20
Party Line (extended Bikini)	€30
Arm Wax	€18
Underarm Wax	€15
Lip or Chin	€10
Lip & Chin	€18
Half Leg Wax	€20
Half Leg & Bikini	€30

### EYE TREATMENTS

Billion Dollar Brows	€25
Eyebrow Reshape	€10
Eyebrow / eyelash Tint	€10
Eyelash Tint & Eyebrow Trim	€15
Eyebrow Shape & Tint & Eyelash Tint	€22

### PAMPERED HANDS & TOES

File & Polish	€20
Jessica Phenom File & Polish (fast drying and longer lasting natural polish)	€25
Full Manicure	€35
Pamper Pedicure (foot spa soak, exfoliation, massage, nail file/ polish)	€45
Generation 2 week Manicure	€30
Generation Mani & Pedi	€50

### TANNING

He-Shi Spray Tan	€25
Cocoa Brown Spray Tan	€20
Crazy Angel Spray Tan	€10

### MAKE UP

Mii Mineral Makeup application (Lashes €10 extra)	€30
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## HOT STONE RELAXATION

Hot Stone Full Body Massage	€70
Hot Stone Back Massage	€50

### FOR THE MEN

Back Wax	€25
Chest Wax	€25
Deep Tissue Back Massage	€45
Men's Fitness Facial	€65

### HEAVENLY FACIALS

#### ÓGRA ORGANIC IRISH PEAT SKINCARE RANGE

Mini Radiance Facial - <i>A prescriptive facial for those 'on the go'. Also suitable for teen's - 30 min</i>	€45
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Ogra Signature Facials - <i>A customised facial to suit your skin's need's. Designed to promote glowing, radiant skin - 60 mins</i>	€65
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### CELTIC TIR NA NOG ANTI-AGEING SIGNATURE FACIAL -

<i>A deeply nourishing &amp; rebalancing treatment including acupressure facial massage, this facial infuses the skin with the goodness of two facial masks Oil &amp; Peat containing powerful anti ageing plants &amp; essential oils. Treatment also includes the Welcome Touch ritual and a traditional Celtic Blessing to promote balance and harmony.</i>	€75
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### CELTIC TRIPLE SPIRAL BACK MASSAGE & MASQUE THERAPY -

<i>Experience the healing wonders of this Peat &amp; Heather based treatment. Includes deep cleansing of the back, skin exfoliation, &amp; Masque Therapy followed by a therapeutic Triple Spiral Massage treatment which incorporates spiral like massage techniques inspired by the ancient Celtic symbol known as the Triple Spiral.</i>	€50
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Body Treatments <i>Signature Body Polish - Combining full body exfoliation and hydrating body massage using the Handmade Soap Company' luxurious body butter to leave the skin enriched and replenished</i>	€70
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## THE SPA MASSAGE

Luxury Essential hot oil back massage	€45
Luxury Essential hot oil body massage	€70
Full body massage	€65
Back, neck & shoulder massage	€40
Peat and lavender back OR foot scrub & massage	€45

### HOLISTIC TREATMENTS

Indian Head Massage	€45
Reflexology	€60

## PAMPER PACKAGES

### MIDWEEK FACIAL / MASSAGE SPECIALS

Details on enquiry	from €25 - €50
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### THURSDAY THRILL PACKAGE

Choose 2 of the following treatments for ONLY €50  
~ Back, neck & shoulder massage ~ Mini facial  
~ Indian head massage ~ Manicure  
~ Pedicure ~ Eye combo.

### FULL FACIAL

with Ogra Anti Ageing Organic Peat products & relaxing scalp massage followed by Afternoon Tea	€75
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### MINI FACIAL

with Lavender and Mint, back, neck, shoulder massage followed by Afternoon Tea	€65
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### DELUXE PAMPER PACKAGE

Half body Swedish massage, Organic Peat Facial and Pressure Point Head Massage & Afternoon Tea	€99
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### MOTHER TO BE PACKAGE

Pregnancy Massage with Facial and Afternoon Tea	€99
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### BRIDAL PACKAGE

Variety of packages to suit all requirements, details on enquiry	
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*Packages can also be tailor made to suit your needs, with a healthy lunch option if required. Please do not hesitate to ask.*